



(MY LIFE MY STYLE)

'God is omnipresent'



ADARSH JATIA
CEO and managing director,
Provenance Land

Best work moment

The final design presentation for the Four Seasons Private Residences Mumbai, when I saw my vision for the project and my endless wish list translated into a set of impeccable drawings by my design team.

Books on your bedside

Sun Tzu – The Art of War

Massage or workout to destress

Both

Favourite accessory

My shoes

Designs that have caught your eye recently

The majestic design of the Shanghai Tower (soon to open the world's tallest tower) designed by Gensler – the architect for my pet project, the Four Seasons Private Residences Mumbai

Your IT tools

I am an Apple addict – I can't imagine a single day without my

MacBook Air and iPhone

Favourite spirit

There's nothing as resilient as the human spirit

Newspapers, TV channels and websites you prefer

Mint, Bloomberg and Forbes

Favourite cuisine

Japanese and Chinese

What food items do you like to shop for?

I love to discover unique gourmet ingredients during my travels. I am currently enjoying the exotic black truffle oil and the long-grained wild black rice I recently found in Lisbon.

Fancy coffee or masala tea

Neither, green tea

What do you cook on your day off?

The last time I cooked, I was at university

Are you a beach or mountain person?

While I love scuba diving, Ladakh was my most memorable trip

Your favourite city

London

What's your fragrance?

Guilt by Gucci

You get your work clothes from

Canali and Massimo Dutti

The shoemaker you trust your sole with

Salvatore Ferragamo and Gucci

Your shaving mantra

A Silvertip Badger brush combined with Aesop's shaving serum

Your favourite evening wear

A pair of dark jeans and an understated shirt

Your current set of wheels

BMW GT

God for you is

Omnipresent – an inner source of strength

Favourite restaurant

San Qi at the Four Seasons in Mumbai. I also enjoy the vibe at Sketch in London.

Favourite café

The al fresco cafes on the streets of Europe

Your workout regime

I enjoy my morning runs

Your workday lunch

Home food

Your ideal holiday

An ideal holiday has to have a mix of some relaxed time with the family to unwind, some adventure to keep the adrenaline flowing as well as time to explore the cultural fabric of cities

Your ideal dance music

I love music but have two left feet!

A few of your Goddesses are:

My better half, Shilpi

Alpha males you know

You have got to be an alpha male to survive Mumbai. Most of the men I know have an alpha streak in them.

Your favourite motto

It doesn't matter where you are, you are nowhere compared to where you can be